



ADULT GROUPS & EVENT RULES



PLEASE HELP US MAKE OUR SPACE SAFE AND WELCOMING

DON'T ASSUME IDENTITY

Don't make assumptions about other people's identity or pronouns. Ask for pronouns respectfully.

Intentional and repeated misgendering is not acceptable. It's okay to make mistakes; just correct yourself, and be open to learn!

OPPRESSIVE BEHAVIOUR

We do not tolerate discriminatory behaviour or language.

We include all LGBTQIA+ people. Don't gatekeep identities; no one should be expected to prove or justify their identity, expression or existence. We are who we say we are!

If you use a reclaimed slur, please take care not to apply it to others without consent.

CONSENT & PERSONAL SPACE

Respect people's boundaries and space.

Don't touch or hug anyone without *asking first*, and remember that consent is an ongoing process; someone who has said yes to a hug today may say no tomorrow. *Always check in!*

Keep everyone's right to privacy in mind when asking for someone's phone number or to meet outside of the group.

RESPECT PRIVACY

Be mindful of sensitive information shared by others in the space.

Do not 'out' people or share sensitive info about them inside or outside the group without their consent.

If you are concerned about a fellow attendee's safety & well-being, please speak to a Proud2Be team member.

BE KIND

Aggression and violent behaviour will not be tolerated.

We don't always have to agree, but we will be kind and respectful of others. If you clash with another person in the space and don't feel it can be resolved privately between you, please speak to a Proud2Be team member.

NO BODY COMMENTS

Do not make comments about other people's bodies, even if you feel the comment is complimentary.

SOBER SPACE

This is a sober space. Please do not consume alcohol or non-prescription drugs at our in-person and online spaces, or attend whilst intoxicated.

CONTENT WARNINGS

If you wish to talk about a potentially triggering topic, please give a warning e.g. "Could I share a story? It's about trauma-".

This courtesy gives people the chance to opt out of a conversation.

If any of our rules or policies restrict you from participating in our spaces, please reach out to hello@proud2be.org.uk for a confidential chat.

We reserve the right to refuse entry to or remove anyone acting against our rules & values. Please consult our Complaints Guidance sheet if you wish to submit a complaint.