



HOW TO TAKE YOUR PROUD2BE PHOTO:

- Write on a blank piece of paper, in large, bold lettering, **#Proud2Be...** (a lesbian/gay/a transgender woman/a supporter of the LGBT+ community etc.)'
- Have a photo taken with you holding it. (You can use a digital camera or mobile phone camera etc.)
- For inspiration you could check out other Proud2Be photos [HERE](#).

HOW TO GET YOUR PROUD2BE PHOTO TO US:

Once you have taken your photo, please send it to us either via the contact form on the [Proud2Be Campaign](#) page on our [website](#). Alternatively, you can email the photo to us (info@proud2beproject.org) via a free file sharing site like [www.wetransfer.com](#).